



'Functioning With Pain'

Treatment approach

Step one – Intake procedures and possible early treatment interventions

This is the start of helping you to manage your pain. Once you have contacted the clinic for an appointment with Dr Speldewinde or Dr Chan we will send you out a new patient package. This contains a set of questionnaires that provide us with very valuable information about your pain and how it is affecting you. These completed forms together with your GP or specialist referral will be assessed by your consulting specialist and where appropriate treatment recommendations will be made that you can commence prior to your appointment with the specialist.

Our Clinical Program Coordinator will contact you once this paperwork has been assessed by the consulting specialist and will discuss with you any recommendations that have been made. As the 'manager' of your own pain treatment, you are encouraged to self-select any multi-disciplinary treatment options that you feel maybe beneficial to you. These can be started either before or after your first appointment with the specialist and no referral is necessary.

Step two - Medical treatment by Dr. Speldewinde or Dr. Chan

At your appointment with Dr Speldewinde or Dr Chan, a thorough assessment will be made and appropriate medical interventions and multi-disciplinary treatment options will be recommended for you.

Step three – Treatment interventions

Specialist evidence-based medical, educational, physical and psychological treatment interventions are delivered by our highly trained multi-disciplinary team of health professionals under the guidance of your consulting specialist.